

Jr. High Trombone Students

Lesson 2 (30 Minute Session)

1 - Warm up (5 minutes) Refer to lesson one for warm up specifics.

- Long tones
 - aim to hold notes even longer.
 - add crescendos and decrescendos.
- Lip slurs
 - Increase your range being careful you don't use too much tension.

2 - Technique (10 minutes)

- Review Bb Major Technique from Lesson One. Try to Increase the tempo but remember... accuracy is more important than speed.

Bb Major

Scale



Arpeggio



Detailed description: This block contains two musical staves in bass clef with a key signature of two flats (Bb Major) and a 4/4 time signature. The first staff is labeled 'Scale' and shows an ascending eighth-note scale from Bb2 to Bb4, followed by a descending eighth-note scale from Bb4 to Bb2, and a whole note Bb4 with a fermata. The second staff is labeled 'Arpeggio' and shows a broken chord starting with Bb2, moving to Bb3, then Bb4, then Bb3, Bb2, and ending with a whole note Bb4 with a fermata.

Thirds



Detailed description: This block contains a single musical staff in bass clef with a key signature of two flats (Bb Major) and a 4/4 time signature. It is labeled 'Thirds' and shows an ascending eighth-note scale of thirds starting from Bb2 and ending with Bb4. The notes are Bb2, D3, F3, Ab3, C4, Eb4, G4, Bb4. The staff concludes with a whole note Bb4 with a fermata.

Etude (Study)



Detailed description: This block contains the first line of an etude in bass clef with a key signature of two flats (Bb Major) and a 12/8 time signature. It consists of a continuous eighth-note pattern starting on Bb2 and ascending stepwise to Bb4.



Detailed description: This block contains the second line of the etude in bass clef with a key signature of two flats (Bb Major) and a 12/8 time signature. It continues the eighth-note pattern from the previous line, ascending to Bb4.



Detailed description: This block contains the third line of the etude in bass clef with a key signature of two flats (Bb Major) and a 12/8 time signature. It continues the eighth-note pattern, ascending to Bb4.

Chromatic



Detailed description: This block contains a single musical staff in bass clef with a key signature of two flats (Bb Major) and a 3/4 time signature. It is labeled 'Chromatic' and shows a chromatic eighth-note scale starting on Bb2 and ascending to Bb4. The notes are Bb2, B2, Bb3, B3, Bb4, B4. The staff concludes with a whole note Bb4 with a fermata.

- When you practice your scales and etudes be sure to vary the articulations: all slurred, all tongued, slur two & tongue two, tongue two & slur two, slur three and tongue one, etc.

For enrichment: to advance your technique even more, play your scales in full range. ie. For major scales, start on your lowest note (not necessarily the root or first note of the scale) and play to your highest note *using the same key signature*.

Always work with a metronome aiming for accuracy first and then increase the tempo. Accuracy is more important than speed.

3 – Work on your repertoire (15 minutes)

Choose to practice what needs to be mastered, don't waste your time practicing what you can already do.

Refer to Lesson One on how to approach mastering challenging sections.

Pick something from your band repertoire to practice.

Looking for more music to play? Check out 8notes.com where you find lots of **FREE** sheet music.

4 – Listening (5 minutes)

- On YouTube, find examples of great players to listen to and *really listen* for the following: breathing, tone quality, articulations, musical phrasing, dynamics, etc. Great players to check out: Christian Lindberg, Joseph Alessi, Ian Bousfield
- Listen to someone new!