

Jr. High Flute Students
Lesson 2 (30 Minute Session)

1 – Warm-up (5 minutes) Refer to Lesson One for warm-up specifics.

- Long tones
 - Aim to hold notes even longer
 - Add crescendos and decrescendos
- Octave slurs
 - Increase range

2 - Technique (10 minutes)

- Review Bb Major Technique from Lesson One. Try to Increase the tempo but remember... accuracy is more important than speed.

Bb Major



Scale

Arpeggio



Thirds

Bb Etude (Study)



Chromatic

- When you practice your scales and etudes, be sure to vary the articulations: all slurred, all tongued, slur two & tongue two, tongue two & slur two, slur three and tongue one, etc.

For enrichment: To advance your technique even more, play your scales in full range. i.e.: For major scales, start on your lowest note (not necessarily the root or first note of the scale) and play to your highest note using the same key signature.

Always work with a metronome aiming for accuracy first; then increase the tempo. Accuracy is more important than speed.

3 – Work on your repertoire (15 minutes)

Choose to practice what needs to be mastered; don't waste your time practicing what you can already do.

Refer to Lesson One on how to approach mastering challenging sections.

Pick something from your band repertoire to practice.

Looking for more music to play? Check out 8notes.com where you find lots of **FREE** sheet music.

4 – Listening (5 minutes)

- On YouTube, find examples of great players to listen to and *really listen* for the following: breathing, tone quality, articulations, musical phrasing, dynamics, etc. Great players to check out: James Galway and Emmanuel Pahud and Jean-Pierre Rampal.
 - Listen to someone new!