

BEGINNING BAND LESSON 1

WARM-UP

- Watch video:
 - Flute
<https://www.youtube.com/watch?v=hbPcsCaS8vA&list=PLvMUzgH70dCHMtikLBxXsy77Ed4Q8z2bq&index=5&t=7s>
 - Other
<https://www.youtube.com/watch?v=p1jzMZ16iY0&list=PLvMUzgH70dCHMtikLBxXsy77Ed4Q8z2bq&index=4&t=0s>
- Practice this mouthpiece warm-up in front of a mirror.

Rhythm Practice

Rhythm Sheet #1

2 3 4

5 6 7 8

9 10 11 12

- Write the counting (1+2+3+4+) under every note and rest
- Practice counting and clapping the rhythms
- Buzz the rhythms on your mouthpiece
- Practice on your instrument

Songs

- **SoundStart for Band – if your teacher uses this system practice songs at the level you left off and play along with the accompaniment.**
- **Practice songs that your band was learning before school was cancelled.**

Daily student log

- **Keep a log of the time you practised every day.**
- **Record what you practised and what you accomplished.**
- **Complete any Home Practice Logs required by your teacher**